

# Advance Care Planning

## Goals of Care Discussions

Consent for treatment or care

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**Acknowledgement:** "Advance Care Planning & Goals of Care Pyramid" by the Nova Scotia Cancer Care Program, Nova Scotia Health Authority, and Nova Scotia Hospice Palliative Care Association

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Conversations to confirm a person's substitute decision-maker (SDM) and prepare that SDM for future decision-making

Focus on values and what's important to the person

ACP is not consent for future care

## Goals of Care Discussions

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Discussions in the context of a current illness about a person's values & goals leading up to a treatment or care decision

Aim is to align available treatment options with a person's goals

## Consent for treatment or care

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Conversation a healthcare provider must have with a person or their SDM prior to initiation of any treatment or personal care

SDM only acts when the person lacks capacity for that decision



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